



# Boredom Busters & The Word!

## Do you have any Gunk?

### What you will need:

#### Mixture 1

1 cup of water  
1 cup of white glue  
2 tablespoons of liquid tempera paint  
Or 7-10 drops of food coloring

#### Mixture 2

1 1/2 cups warm water  
4 tsp Borax Laundry Booster

You can use red coloring to lava gunk, green to make slime, and black to make tar!

### How it's done:

1. Mix Mixture 1 ingredients together in a bowl.
2. In second bowl, mix the ingredients from mixture 2 together.
3. Slowly pour the two mixtures together.
4. Roll Mixture 1 around in Mixture 2 – 4 to 5 times.
5. Lift Mixture 1 out of Mixture 2 and knead for 2 to 3 minutes.
6. Store the Gunk in an airtight container.

### The Word:

Have you every been around someone that is kind of slimy? You just can't figure it all out but somehow they just don't seem to be telling you the truth? I have. I sure don't trust someone like that. The Bible tells us that we need to be MKs of Character. It further tells us that our Yes should mean yes and our no's should mean no. Check it out in Matthew 5:37.

We should be known as trustworthy MKs. Sometimes it is only normal to feel like you have some sins or Gunk in your life that you need to get rid of. The great thing about Jesus is that he is willing and ready to forgive us. He washes our sins away and removes them as far as the east is from the west!