

# Boredom Busters & The Word! Yo-Yo Christians

## What you will need:

- 1 small balloon
- 1 large rubber band

Use the water balloon yo-yo to put a twist on classic yo-yo tricks like Rock the Cradle and Around the World. You can experiment and create brand new tricks of your own.

Use colored markers and stickers to decorate and personalize your water balloon yo-yo.



## How it's done:

1. Cut the rubber band in half.
2. Tie a loop securely on one end of the rubber band. It should be big enough to fit around your finger.
3. Use a garden hose or water faucet to fill the balloon 1/4 of the way with water.
4. Blow air into the balloon until it is the size of a tennis ball. Tie it shut.
5. Securely tie the rubber band around the knot on the balloon.
6. Place the rubber band loop around your middle finger and gently throw the balloon toward the ground. When the balloon springs back toward you hand, try to grab it.

## The Word:

Have you ever heard of someone that is not faithful to God or to church? They are kind of like a yo-yo Christian aren't they? When someone does not have God first in their hearts then they are a double minded person. James 1:8 tells us that a double minded man is unstable in all of his ways.

As Mks we need to be faithful to God, our families, and those that we serve. Don't be a yo-yo Christian! Be consistent.