

Boredom Busters &

The Word!

~Rock Candy- Protected by God~

What you will need:

- 2 cups of water
- 4 cups of sugar

Before cooking, add food coloring to your sugar mixture to create edible Rock candy gems that look like rubies, emeralds, and sapphires. .



How it's done:

1. Pour water into a large saucepan.
2. Add sugar and stir for 2 to 3 minutes to dissolve as much sugar as possible.
3. Place the saucepan on the stove on medium to high heat.
4. Continue to stir the solution until all of the sugar is dissolved.
5. Remove the saucepan from the stove and allow the liquid to cool.
6. Pour the mixture into a square plastic container.
7. In 7 to 10 days the bottom of your container will be covered with rock candy.
8. Turn the container upside down to drain it for an hour.
9. Break the rock candy up into chunks and let it dry.

The Word:

Did you know that the Bible tells us that Jesus is the Rock that is our foundation? He is our protection. The next time you feel afraid remember that you are being protected by Jesus. The Bible says that God will protect you and care for you. He will bring help whenever you need it.

“You are my hiding place; you will protect me from trouble and surround me with songs of deliverance.” Psalm 32:7