

Inner Peace

“He that dwelleth in the secret place of the most HIGH shall abide under the shadow of the almighty.”
Psalm 91:1

So many people are living in chaos, upheaval, change, and disorder today. I know this first hand because I am one of them. I have been served a large slice of change mounded with a spoonful of upheaval that has been sprinkled lightly with disorder. This recipe would be fine if I were a great laid back person- but I am not.

I am a list maker, a planner, a “Type A” personality nut! So what do we do in times like this? Study to keep our mouths shut- and our eyes on HIM. I have been praying for a deep peace lately. The kind that lakes have under the surface. Have you ever seen a huge lake? Not the kind that you can swim across but a deep large lake. Storms may come, waves, may crash, winds may blow but way below the surface there remains a calm.

I have asked God daily over the past two weeks to let me abide in his deep peace- in his calmness. SO that even when things are in chaos around me I will smile and dive back into HIS presence knowing all is well.

Let’s take a look at Jesus attitude in storms. What does he do? He is not fretting, making a list of choices, calling everyone on his heavenly cell phone from the lower deck. What does he do? He rest. He sleeps. He can do this because he knows that he has the power to just speak three words and all will change. Here are the words- ready? “Peace Be Still”. He has the knowledge that when he speaks those words that it will change. The storm on the surface will cease and be at one with the deep. This too shall pass and rest will be given to all.

This past week I have heard from friends who are:

1. Making major life decisions.
2. Facing major sickness in their immediate family
3. Facing the death of a loved one
4. Dealing with a spouse who has lost a job.
5. Battling an abusive spouse who is spreading lies
6. Dealing with separation anxiety from their family and friends

All of these people are in the midst of storms; turbulence that has lapped into their dwelling places, their minds, and into their spirits. I stand with you today and claim HIS WORDS over your life.

“Weeping may endure for a night, but joy comes in the morning” Psalm 30:5

“And the peace of God, which passeth all understanding, shall guard your hearts and your thoughts in Christ Jesus.” Phil. 4:7

“Peace I leave with you, my peace I give to you: not as the world gives, give I to you. Let not your heart be troubled, neither let it be afraid.” John 14:27

“Keep me as the apple of the eye; Hide me in the shadow of your Wings.” Psalm 17:8

“You hide them in the secret place of your presence from the conspiracies of man; You keep them secretly in a shelter from the strife of tongues.” Psalm 27:5

“For in the day of trouble He will conceal me in His tabernacle; in the secret place of His tent He will hide me: He will lift me up on a rock.” Psalm 27:5

“For you have been a defense for the helpless, a defense for the needy in his distress, a refuge from the storm, a shade from the heat; for the breath of the ruthless is a rain storm against a wall.” Isaiah 25:4

Dwell in HIM this week. Let HIM minister to you. Rest in him! He has only the best ahead for you. Watch and see it spring forth in your life!

