

## What Goes Down Must Come Up

Yes, I got that right. It isn't a mistake. I know the saying is, "What goes up must come down," but in the context of this post, we need to have faith that what goes down must come up as well.

**Matthew 23:12** *"And whosoever shall exalt himself shall be abased; and he that shall humble himself shall be exalted."*

So you see, if you will go down in humility, God will also exalt you. What goes down must come up!



much.

But we struggle with this principle so

We don't have a problem believing the opposite, that what goes up must come down. We are very good at pointing this truth out in the lives of others. When someone makes a mistake and comes crashing down, you are sure to hear someone saying, "pride before a fall."

So if we can believe this principle so easily, and see it played out in life on a regular basis, why do we struggle to believe that if we will humble ourselves, God will exalt us to the place that He has for us in His time?

Most of you reading this are probably in your late teens or twenties. I'm right there with you. We are ready to take on the world. We have great ideas, great talent, and great passion. But sometimes it feels like life (people and circumstances) is keeping us from doing all the great things that God has put in our hearts to do. Be encouraged! What goes down must come up!

Humility comes before honor (Proverbs 18:12). Jesus was the greatest example of this. Philippians 2 sums it up nicely. "[Jesus made himself of no reputation, and took upon

*him the form of a servant, and was made in the likeness of men: And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross. Wherefore God also hath highly exalted him, and given him a name which is above every name:"* Notice the line, He came down and was lifted back up. The song paints the picture; Heaven to Earth, Earth to Cross, Cross to Grave, Grave to Sky!

**Now if Jesus submitted Himself to this principle, shouldn't we also?**

**God's promises require from us two things; faith and patience.** I don't struggle with having faith in the call God has placed on my life, but I do struggle with the patience. I struggle with waiting for it to happen. And I know that many of you do as well. Just remember, before you teach, you must learn. The more you learn, the more you have to teach.

Lord help me to stay in the school of humility, the place of learning. Because someday, when I am older and wiser, someone will need to be taught what I learned.

**1 Peter 5:6** *"Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:"*

**What goes down must come up!**