

# What are you seeking?

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A few summers ago two Britishers ran 2,027 miles along the length of the 14 highest mountains in the world. In the process they climbed a whopping 290,000 feet and traversed 64 mountain passes. The Himalayas furnish some pretty grueling terrain, indeed.

Brothers Richard and Adrian Crane ran their Himalayan trek in a record 101 days, all in hopes of raising money for a British charity. As it turned out, they suffered heat exhaustion, dysentery, heel blisters, torn nails, bruises, and bleeding feet -- plus one nasty gash to the head from a rock fall -- to raise all of \$10,700 by journey's end. That works out to less than two cents per thousand steps they pounded out. One hopes a few more donations have come in since!

Imagine trying to accomplish such a mega-marathon feat. Especially if, like the Crane brothers, you had spent only two weekends running through the countryside before flying off to Barjeeling, India, to start your adventure.

The Cranes said their primary training was mental, not physical. You know the concept: "Put your mind to it, and you can do anything." While that does not always prove true, we all have a mind for something. As MKs we have several things that we can apply ourselves towards. We have responsibilities to our friends back in the US, our friends in our current country, the church in the US that we left behind, the local church, our families, schoolwork, our social life. It is important to determine what we are going to be focused on- or dedicating ourselves to.

The most important relationship- or passion that we have to fuel is our relationship with Jesus and our families. How are you building that relationship daily? Are you getting into the word? Are you developing your prayer life? Are you willing to make everything else secondary to live to Him?

"But seek ye first the kingdom of God and his righteousness and all of these things shall be added unto you." Matthew 6:33

*Illustration taken from: Luis Palau's book, How to Renew Your Spiritual Passion, Discovery House, 1995.*

